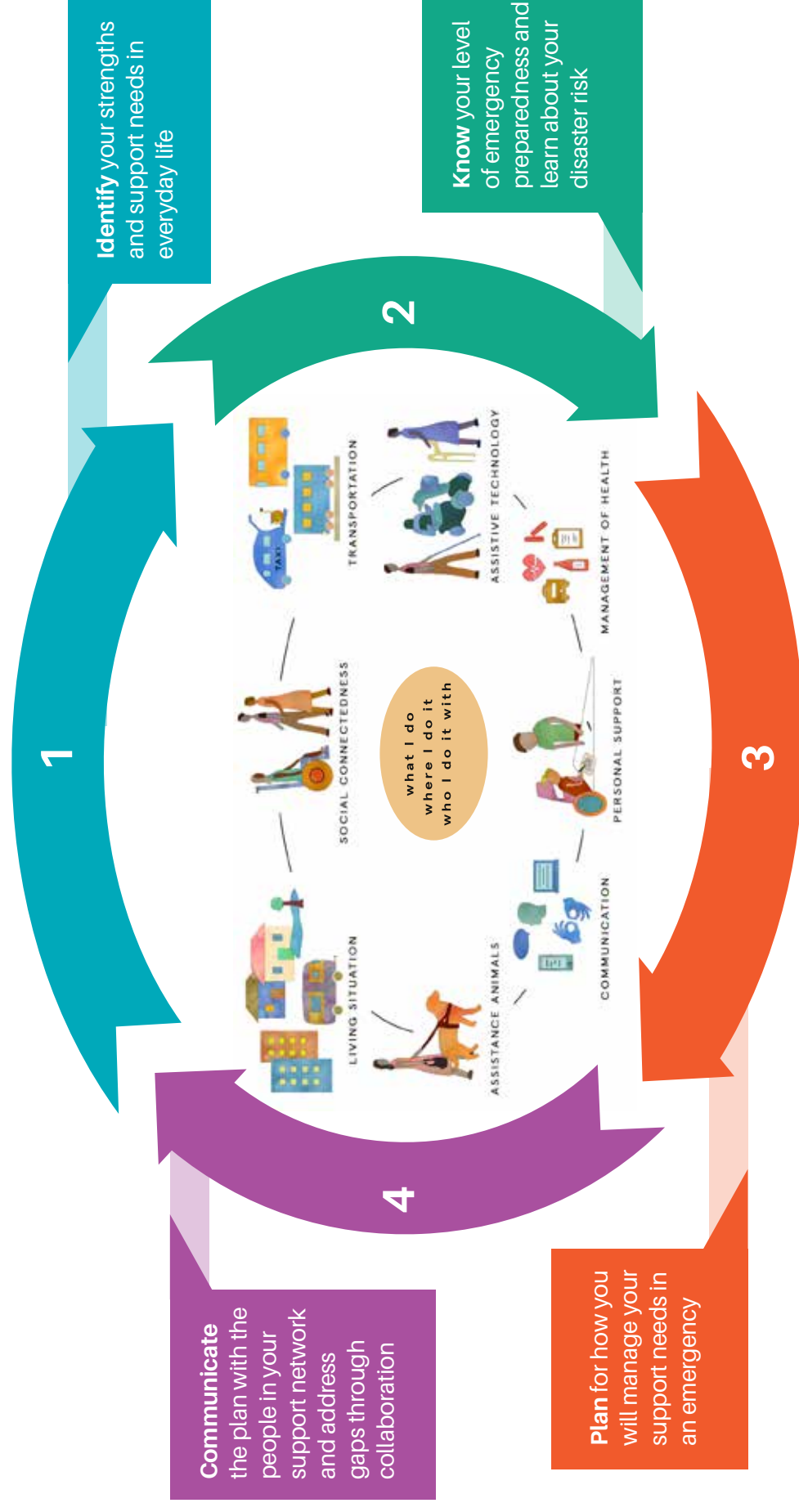










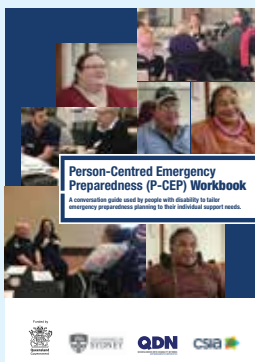
# Person-Centred Emergency Preparedness

P-CEP helps match emergency planning to the supports people need for their safety and well-being in emergencies.



## Functional Capabilities and Support Needs: Definitions

P-CEP Element	Definition
 <b>Social Connectedness</b>	The people you do things with. Your relationships with friends, family and other people. The help you give to other people.
 <b>Transportation</b>	How you travel where you want or need to go (e.g. car, bus, train, taxi, walking).
 <b>Assistive Technology</b>	The help you get from equipment.
 <b>Management of Health</b>	Taking care of your health.
 <b>Personal Support</b>	Help you get from other people.
 <b>Communication</b>	Getting, giving and understanding information.
 <b>Assistance Animals and Pets</b>	Help from animals. How you care for them.
 <b>Living Situation</b>	Where you live and who you live with.



### Start a P-CEP Conversation

Access P-CEP Workbook, implementation case studies, learning resources, and research evidence at [collaborating4inclusion.org/pcep/](https://collaborating4inclusion.org/pcep/)